

Store Locations

Name	Address	Area	Phone	Opening Hour	Facilities
Hougang	Blk 205 Hougang Street 21 #01-133 / 135 Heartland Mall, Singapore 530205	north	6383 0323 / 6383 0076	Mon - Sun: 8:00AM - 10:00PM	Wellness 4 Life
Centrepont 2	176 Orchard Road #B1-09/10 The Centrepont Singapore 238843	central	6235 0737 / 6235 3401 / 6235 3406	Mon - Sun: 9:00AM - 10:00PM	Wellness 4 Life
Havelock II	No 2 Havelock Road, #B1-19 Singapore 059763	east		Mon - Sat: 11:00AM - 09:00PM Sun: closed	
Marina One	5 Straits View, B2-15/16 Marina One The Heart, Singapore 018935	central	6282 4912	Mon - Sun: 8.30AM - 9PM	Salad Bar,BBQ,Self Checkout
One North Fusionopolis	1 Fusionopolis Way, #B2-03 One North, Singapore 138632	west	6467 3226	Mon - Sun: 8:30AM - 10:00PM	Salad Bar,BBQ
Alocassia	383 Bukit Timah Rd #01-09A, Alocassia Apt, Singapore 259727	central	6836 5206	Normal: Mon - Sun: 9:00AM - 10:00PM	
Hillview Market Place	4 Hillview Rise #02-07 Singapore 667979	west	6710 7161	Mon - Thu: 10:00AM - 10:00PM Fri - Sun: 9:00AM - 11:00PM	BBQ
Altez	16 Enggor Street #01-05/08 Singapore 079717	central	6509 3897 / 6509 3928	Mon - Sun: 8:00AM - 10:00PM	Wellness 4 Life,Salad Bar,BBQ
Katong Market Place	112, #B1-14 East Coast Rd Singapore 428802	east	6636 3094	Mon - Sun: 10:00AM - 10:00PM	BBQ
Anchorpoint	370 Alexandra Rd #B1-03 to 07 Anchorpoint Singapore 159953	south	6479 3242	Mon - Sun: 9:00AM - 10:00PM	Wellness 4 Life,Salad Bar,Self Checkout
Paragon Market Place	290 Orchard Road #B1-21/22 Paragon Singapore 238859	central	6738 2798	Mon - Sun: 9:00AM - 10:00PM	
Jasons Quayside	31 Oceanway Quayside Isle # 01-26/27 Singapore 098375	south	6268 9986 / 6268 9953	Mon - Sun: 8:00AM - 8:00PM	
Aperia	12 Kallang Avenue, Aperia, #01-47/51 Singapore 339511	east	6844 9500 / 6844 9502	Mon - Sun: 24 hours	Wellness 4 Life,Salad Bar,BBQ,Self Checkout,24 hours
Raffles City Market Place	252 North Bridge Rd #B1-01 Raffles City Shopping Centre Singapore 179103	central	6336 2676	Mon - Sun: 8:00AM - 11:00PM	Salad Bar,BBQ

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Bugis Junction	230 Victoria Street #B1-17/18 Bugis Junction Singapore 188024	central	6336 1990	Mon - Sun: 9:00AM - 11:00PM	Wellness 4 Life,Salad Bar,BBQ,Self Checkout
Tanglin Market Place	163 Tanglin Road Tanglin Mall #B1-02/03 Singapore 247933	central	6734 0105	Mon - Sun: 9:00AM - 10:00PM	BBQ,Self Checkout
Causeway Point	No. 1 Woodlands Square #B1-31/32/33 Causeway Pt Singapore 738099	north	6894 1236 / 6894 1206	Mon - Sun: 9:00AM - 10:30PM	Wellness 4 Life,Salad Bar,BBQ,Self Checkout
Chancery Court	Blk 36H Dunearn Road #01-44 Singapore 309433	central	6253 6747	Mon - Sun: 9:00AM - 10:00PM	Wellness 4 Life
Clementi Arcade	41 Sunset Way #01-01A Clementi Arcade Singapore 597071	west	6466 3181	Mon - Sun: 9:00AM - 10:00PM	Wellness 4 Life
Cluny Court	501 Bukit Timah Rd Cluny Court #01-02 Singapore 259760	central	6763 0815 / 6763 0939	Mon - Sun: 24 hours	Wellness 4 Life,BBQ,24 hours
Compass One	1 Sengkang Square #B1-25, Compass One Shopping Centre, Singapore 545078	north	6386 3254 / 6386 3304 / 6386 3256	Mon - Sun: 9:00AM - 10:00PM	Wellness 4 Life
East Village	430 Upper Changi Road #01-47/48/49 East Village Singapore 487048	east	6702 7460 / 6702 7461 / 6702 7462	Mon - Sun: 9:00AM - 11:00PM	Wellness 4 Life,BBQ
East Wood	20 Eastwood Road #01-07/09 Eastwood Centre Singapore 486442	east	6244 4530 / 6244 4531	Mon - Sun: 8:00AM - 10:00PM	Wellness 4 Life,Self Checkout
Great World City	1 Kim Seng Promenade Great World City #B1-18 / 19 Singapore 237994	central	6735 4730	Mon - Sun: 9:00AM - 10:00PM	Wellness 4 Life,Salad Bar,BBQ,Self Checkout
Greenwich	1 Seletar Road #01-11 Greenwich V Singapore 807011	north	6481 5670 / 6481 5281 / 6481 6953	Mon - Sun: 9:00AM - 10:00PM	Wellness 4 Life,BBQ
Guthrie House	1 Fifth Ave Guthrie House #01-05 Singapore 268802	central	6463 3411	Mon - Sun: 8:00AM - 10:00PM	Wellness 4 Life,Salad Bar,BBQ,Self Checkout
HarbourFront Centre	1 Martitime Square #01-48 to 50 Singapore 099253	south	6274 9112	Mon - Sun: 8:00AM - 11:00PM	Salad Bar,BBQ
Holland Village	211 Holland Avenue #01-02,04,05 Holland Shopping Ctr Singapore 278967	central	6468 5566	Mon - Sun: 24 Hours	Wellness 4 Life,Salad Bar,BBQ,Self Checkout,24 hours
Jelita	293 Holland Rd #01-01 Jelita Shopping Ctr Singapore 278628	central	6469 3877 / 6469 3878	Mon - Sun: 24 Hours	Wellness 4 Life,BBQ,Self Checkout,24 hours

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Kallang Leisure Park	5 Stadium Walk #B1-01/05 Leisure Park Singapore 397693	east	6242 0818	Mon - Sun: 8:30AM - 10:30PM	Wellness 4 Life,Salad Bar,BBQ,Self Checkout
Northpoint City	930 Yishun Avenue 2 #B1-06/07 Northpoint City S769098	north	6756 7100	Mon - Sun: 8:00AM - 10:30PM	Wellness 4 Life
Novena	No 238 Thomson Road #01-28/29 Singapore 307683	central	6352 7223 / 6352 7942	Mon - Sun: 9:00AM - 10:00PM	Wellness 4 Life,Salad Bar,BBQ,Self Checkout
NUS Kent Vale	101 Clementi Road, #01-01 Kent vale Estate, Singapore 129787	west	6774 5396	Mon - Sun: 9:00AM - 10:00PM	
One KM	11, Tanjong Katong Road #B1-36 ONE KM Singapore 437157	east	6702 2423 / 6702 2426	Mon - Sun: 9:00AM - 11.00PM	Wellness 4 Life,Salad Bar,BBQ,Self Checkout
Claymore Connect @ Orchard Hotel	442 Orchard Road #B1-01-11 Orchard Hotel, Singapore 238879	central	6268 8559 / 6268 8561	Mon - Sun: 08:00AM - 10:00PM	Wellness 4 Life,Salad Bar,BBQ,Self Checkout
Parkway Parade	80 Marine Parade Road #B1-84 Parkway Parade Singapore 449269	east	6344 9011 / 6344 8749	Mon - Sun: 9:00AM - 10:30PM	Wellness 4 Life,BBQ,Self Checkout
Plaza Singapura	68 Orchard Road #B2-15/16 Plaza Singapura Singapore 238839	central	6238 6761	Mon - Sun: 9:00am - 10:30pm	Wellness 4 Life,Salad Bar,BBQ,Self Checkout
Rail Mall	464-486 Jalan Asas Upper Bukit Timah Road Singapore 678077	west	6763 1639 / 6763 7258	Mon - Sun: 24 Hours	Wellness 4 Life,BBQ,24 hours
Sentosa Cove	1 Cove Avenue Sentosa Arrival Plaza #02-07/10 Singapore 098537	south	6274 9114 / 6274 9132	Mon - Sun: 8:00AM - 10:00PM	Wellness 4 Life
Serangoon NEX	23 Serangoon Central #B2-44/45 nex Singapore 556083	north	6634 4190 / 6634 4189 / 6634 4187	Mon - Sun: 24 Hours	Wellness 4 Life,BBQ,Self Checkout,24 hours
Siglap V	2 First Street #01-05/06/12/13/14/15/16, Siglap V Singapore 458278	east	6444 5898 / 6444 8678	Mon - Sun: 24 Hours	Wellness 4 Life,BBQ,Self Checkout,24 hours
Sime Darby	896 Dunearn Road #02-01 S589472	central	6463 1179 / 6463 1176	Mon - Sun: 9:00AM - 10:00PM	Wellness 4 Life,Salad Bar,BBQ,Self Checkout
Star Vista	1 Vista Exchange Green, #B1-02&35/36, The Star Vista, Singapore 138617	west	6694 3224 / 6694 3229	Mon - Sun: 9:00AM - 11:00PM	Wellness 4 Life,BBQ

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Takashimaya	391A Orchard Road #B2-01-1 Ngee Ann City Singapore 238872	central	6735 1266 / 67351275 / 6735 1276	Mon - Sun: 10:00AM - 9:30PM	Wellness 4 Life,Salad Bar,BBQ
Tampines 1	10 Tampines Central 1 Tampines 1 #B1-01/02 Singapore 529536	east	6587 1783 / 6587 0293 / 6587 0164	Mon - Sun: 9:00AM - 10:30PM	Wellness 4 Life,BBQ,Self Checkout
UE Square	No 81 Clemenceau Avenue #02-18 UE Square Singapore 239917	central	6733 3054 / 6733 1040	Mon - Sun: 8:30AM - 10:00PM	Wellness 4 Life
United Square	101 Thomson Road #B1-52 Singapore 307591	central	6250 9690 / 6250 9691	Mon - Sun: 9:00AM - 10:00PM	Wellness 4 Life,BBQ,Self Checkout
Vivo City	1 Harbour Front Walk #01-23B Singapore 098585	south	6275 4770 / 6275 9780	Mon - Fri: 10:00AM - 10:00PM Sat - Sun: 9:00AM - 10:00PM	Wellness 4 Life,Salad Bar,BBQ
West Coast Plaza	154 West Coast Road #B1-19 West Coast Plaza Singapore 127371	west	6872 4733	Mon - Sun: 9:00AM - 10:00PM	Wellness 4 Life,Salad Bar,BBQ,Self Checkout
West Mall	No. 1 Bukit Batok Central Link #B1-01 West Mall Singapore 658713	west	6861 1580 / 6861 1355	Mon - Sun: 8:00AM - 10:30PM	Wellness 4 Life,Salad Bar,BBQ,Self Checkout
Greenwood	20 Greenwood Ave Singapore 289215	central	6467 1353	Mon - Sun: 8:00AM - 10:00PM	
Specialty Marina Bay Sands	2 Bayfront Avenue The Shoppes Marina Bay Sands #B2-46 Singapore 018972 Singapore 018972	central	6634 5261	Sun - Thur: 9:00AM - 11:00PM Fri - Sat: 9:00AM - 12:00AM	Salad Bar,BBQ